

Lymphoma

Over 1,000 people in Northern Ireland are living with lymphoma and it accounts for 4% of cancers diagnosed here each year. More than a million people are living with this disease worldwide. Lymphoma has one of the fastest rising incidence rates of any cancer and researchers are working hard to discover its exact cause.

Lymphomas can be thought of as Hodgkin's lymphoma and non-Hodgkin's lymphoma. Of these there are more than 35 known subtypes of lymphoma.

Lymphoma is the most commonly occurring blood cancer and is the 3rd most common childhood cancer.

The most common symptoms of lymphoma are:

- Painless swelling of the lymph nodes in the neck, armpit or groin
- Night sweats
- High temperatures or fevers for no apparent reason.
- Unexplained weight loss, tiredness and persistent fatigue
- Coughs and breathlessness
- Persistent itch all over the body with no rash

All of these symptoms may be caused by illnesses other than lymphoma. It is however very important that that you have them checked out by your doctor who can organise suitable tests.

Early detection and diagnosis makes an impact on treatment and outcome.

[more](#)

How can the Ulster Cancer Foundation help?

UCF provides information and support to people worried about, or affected by, lymphoma. You can phone us free on our cancer information helpline if you:

- Are worried about any of the symptoms listed
- Want to learn more about lymphoma or its treatments
- Would like to talk to someone to get emotional support for you or your family
- Would like to join a support group

Lymphoma Support Group at UCF

The support group is open to lymphoma patients, carers and family members. Meetings are held at UCF Centre in Belfast on a monthly basis. This provides an opportunity to meet others in similar circumstances in an informal social setting and to gain information and support during and after a diagnosis. For further information on meeting times, please contact:

Eileen Creery, Support Group co-ordinator at 028 9066 3281

Call our Freephone Information & Support Helpline:

0800 783 3339

Ulster Cancer Foundation

40-44 Eglantine Avenue

Belfast

Co. Antrim

Northern Ireland

BT9 6DX

Telephone Number:

028 9066 3281

Freephone Cancer Helpline

0800 783 3339

Website:

www.ulstercancer.org

E-mail:

info@ulstercancer.org

